

Personal Training with KT

Group Fitness Updated Information-Effective May 1st, 2014

Please initial by each number that you have read and agree to our new group fitness policies.

____ 1. PT with KT group fitness classes are designed to help you become and stay motivated and accountable in order to see results and have FUN!

____ 2. PT with KT group fitness participants will purchase 4 classes for \$32 (\$8/class).

____ 3. If you are not able to attend all classes or you miss a class due to sickness, emergency, etc. class participants will not be refunded nor comp for class(s) missed.

____ 4. If you sign up and pay for all 4 classes and are unable to attend a class, you may find a sub to take your spot. You and the sub are then in charge of payments between each other.

____ 5. Drop in class(s) are \$12/class.

____ 6. If you attend a class as a drop in rate status it is mandatory to sign up and pay online through the website (www.ptwithkt.com). This eliminates any confusion if classes are cancelled as you will be notified. Paying online eliminates any of our instructors having to deal with payments etc.

____ 7. Waiver and Release of Liability -In consideration of being permitted to participate in PT with KT group fitness classes, I agree to assume full responsibility for any risk, injuries or damages, known or unknown, which I might incur as a result of participating in the classes offered by PT with KT. In further consideration of being permitted to participate in classes, I knowingly, voluntarily and expressly waive any claim I may have against PT with KT for injury or damages that I may sustain as a result of participating in the classes. I, my heirs or legal representatives forever release, waive, discharge and covenant not to sue Burdick Fitness, LLC/Personal Training with KT for any injury or death caused by their negligence or other acts. I also do not hold the aforementioned institutions liable for any personal injuries, bodily injuries, or property damage while going to and from the aforementioned property.

Please sign and date:

_____ /_____/_____

INSTRUCTIONS on how to sign up for group fitness classes on our website-

Please go to www.ptwithkt.com

Click “My Account”

If you are a returning client enter your information in “been here before section” if you are new enter your information to “New to our site”

Follow steps as it guides you through it